

Why Is Sex Fun The Evolution Of Human Sexuality Science Masters

In twenty short books, Penguin brings you the classics of the environmental movement. This is Jared Diamond's haunting account of visiting the mysterious stone statues of Easter Island, showing how a remote civilization destroyed itself by exploiting its own natural resources - and why we must heed this warning. Over the past 75 years, a new canon has emerged. As life on Earth has become irrevocably altered by humans, visionary thinkers around the world have raised their voices to defend the planet, and affirm our place at the heart of its restoration. Their words have endured through the decades, becoming the classics of a movement. Together, these books show the richness of environmental thought, and point the way to a fairer, saner, greener world.

As in the bestselling *The Alphabet Versus the Goddess*, Leonard Shlain's provocative new book promises to change the way readers view themselves and where they came from. *Sex, Time, and Power* offers a tantalizing answer to an age-old question: Why did big-brained *Homo sapiens* suddenly emerge some 150,000 years ago? The key, according to Shlain, is female sexuality. Drawing on an awesome breadth of research, he shows how, long ago, the narrowness of the newly bipedal human female's pelvis and the increasing size of infants' heads precipitated a crisis for the species. Natural selection allowed for the adaptation of the human female to this environmental stress by reconfiguring her hormonal cycles, entraining them with the periodicity of the moon. The results, however, did much more than ensure our existence; they imbued women with the concept of time, and gave them control over sex—a power that males sought to reclaim. And the possibility of achieving immortality through heirs drove men to construct patriarchal cultures that went on to dominate so much of human history. From the nature of courtship to the evolution of language, Shlain's brilliant and wide-ranging exploration stimulates new thinking about very old matters.

From the author of No.1 international bestseller *Collapse*, a mesmerizing portrait of the human past that offers profound lessons for how we can live today. Visionary, prize-winning author Jared Diamond changed the way we think about the rise and fall of human civilizations with his previous international bestsellers *Guns, Germs and Steel* and *Collapse*. Now he returns with another epic - and groundbreaking - journey into our rapidly receding past. In *The World Until Yesterday*, Diamond reveals how traditional societies around the world offer an extraordinary window onto how our ancestors lived for the majority of human history - until virtually yesterday, in evolutionary terms - and provide unique, often overlooked insights into human nature. Drawing extensively on his decades working in the jungles of Papua New Guinea, Diamond explores how tribal societies approach essential human problems, from childrearing to conflict resolution to health, and discovers we have much to learn from traditional ways of life. He unearths remarkable findings - from the reason why modern afflictions like diabetes, obesity and Alzheimer's are virtually non-existent in tribal societies to the surprising benefits of multilingualism. Panoramic in scope and thrillingly original, *The World Until Yesterday* provides an enthralling first-hand picture of the human past that also suggests profound lessons for how to live well today. Jared Diamond is the Pulitzer Prize-winning author of the seminal million-copy-bestseller *Guns, Germs, and Steel*, which was named one of *TIME*'s best non-fiction books of all time, and *Collapse*, a #1 international bestseller. A professor of geography at UCLA and noted polymath, Diamond's work has been influential in the fields of anthropology, biology, ornithology, ecology and history, among others.

One woman's secret journal completely changes her marriage in this hilarious and biting memoir—the inspiration for the Netflix Original Series *SEX/LIFE*. School psychologists aren't supposed to write books about sex. Doing so would be considered "unethical" and "a fireable offense." Lucky for you, ethics was never my strong suit. *Sex/Life: 44 Chapters About 4 Men* is a laugh-out-loud funny and brutally honest look at female sexuality, as told through the razor-sharp lens of domesticated bad girl BB Easton. No one and nothing is off limits as BB revisits the ex-boyfriends—a sadistic tattoo artist, a punk rock parolee, and a heavy metal bass player—that led her to finally find true love with a straight-laced, drop-dead-gorgeous . . . accountant. After settling down and starting a family with her perfectly vanilla "husbot," Ken, BB finds herself longing for the reckless passion she had in her youth. She begins to write about these escapades in a secret journal, just for fun, but when Ken starts to act out the words on the pages, BB realizes that she might have stumbled upon the holy grail of behavior modification techniques. The psychological dance that ensues is nothing short of hilarious as BB wields her journal like a blowtorch, trying to light a fire under her cold, distant partner. Sometimes it works, sometimes it doesn't, but in the end, BB learns that the man she was trying so hard to change was perfect for her all along.

Sex with a stranger? Might just be what Olivia needs. But, can she pull off a one-night stand? She had it all...brains, beauty, a rewarding nursing career, a fiance and devoted friends. Then life happened. With her broken engagement and Olivia nearing the Big Three-O, she needed something. But what? Her best friend, Jude, was convinced a one-night stand was the solution. While contemplating the possibility of sex with a total stranger, Olivia meets Graham, an Adonis, possessing captivating lightning-blue eyes, an amazingly exquisite physique and a delicious smile. This businessman from Pottsville, PA, merely visiting her city, could be the perfect candidate. Her sexual attraction to him was raw and immediate. Should she seduce him and take the risk? Olivia is about to find out what it means to leave her comfort zone and begins an adventure of a lifetime."

#1 NEW YORK TIMES BESTSELLER * #1 SUNDAY TIMES BESTSELLER * #1 INDIE NEXT PICK Named a Best Book of the Year: *The Washington Post* * *NPR* * *The Atlantic* * *New York Public Library* * *Vanity Fair* * *PBS* * *Time* * *Economist* * *Entertainment Weekly* * *Financial Times* * *Shelf Awareness* * *Guardian* * *Sunday Times* * *BBC* * *Esquire* * *Good Housekeeping* * *Elle* * *Real Simple* * And more than twenty additional outlets "Staggeringly intimate...Taddeo spent eight years reporting this groundbreaking book." —*Entertainment Weekly* "A breathtaking and important book...What a fine thing it is to be enthralled by another writer's sentences. To be stunned by her intellect and heart." —Cheryl Strayed "Extraordinary...This is a nonfiction literary masterpiece...I can't remember the last time a book affected me as profoundly as *Three Women*." —Elizabeth Gilbert "A revolutionary look at women's desire, this feat of journalism reveals three women who are carnal, brave, and beautifully flawed." —*People* (Book of the Week) A riveting true story about the sex lives of three real American women, based on nearly a decade of reporting. Lina, a young mother in suburban Indiana whose marriage has lost its passion, reconnects with an old flame through social media and embarks on an affair that quickly becomes all-consuming. Maggie, a seventeen-year-old high school student in North Dakota, allegedly engages in a relationship with her married English teacher; the ensuing criminal trial turns their quiet community upside down. Sloane, a successful restaurant owner in an exclusive enclave of the Northeast, is happily married to a man who likes to watch her have sex with other men and women. Hailed as "a dazzling achievement" (*Los Angeles Times*) and "a riveting page-turner that explores desire, heartbreak, and infatuation in all its messy, complicated nuance" (*The Washington Post*), Lisa Taddeo's *Three Women* has captivated readers, booksellers, and critics—and topped bestseller lists—worldwide. Based on eight years of immersive research, it is "an astonishing work of literary reportage" (*The Atlantic*) that introduces us to three unforgettable women—and one remarkable writer—whose experiences remind us that we are not alone.

Since Darwin's day, we've been told that sexual monogamy comes naturally to our species. Mainstream science—as well as religious and cultural institutions—has maintained that men and women evolved in families in which a man's possessions and protection were exchanged for a woman's fertility and fidelity. But this narrative is collapsing. Fewer and fewer couples are getting married, and divorce rates keep climbing as adultery and flagging libido drag down even seemingly solid marriages. How can reality be reconciled with the accepted narrative? It can't be, according to renegade thinkers Christopher Ryan and Cacilda Jethá. While debunking almost everything we "know" about sex, they offer a bold alternative explanation in this provocative and brilliant book. Ryan and Jethá's central contention is that human

beings evolved in egalitarian groups that shared food, child care, and, often, sexual partners. Weaving together convergent, frequently overlooked evidence from anthropology, archaeology, primatology, anatomy, and psychosexuality, the authors show how far from human nature monogamy really is. Human beings everywhere and in every era have confronted the same familiar, intimate situations in surprisingly different ways. The authors expose the ancient roots of human sexuality while pointing toward a more optimistic future illuminated by our innate capacities for love, cooperation, and generosity. With intelligence, humor, and wonder, Ryan and Jethå show how our promiscuous past haunts our struggles over monogamy, sexual orientation, and family dynamics. They explore why long-term fidelity can be so difficult for so many; why sexual passion tends to fade even as love deepens; why many middle-aged men risk everything for transient affairs with younger women; why homosexuality persists in the face of standard evolutionary logic; and what the human body reveals about the prehistoric origins of modern sexuality. In the tradition of the best historical and scientific writing, *Sex at Dawn* unapologetically upends unwarranted assumptions and unfounded conclusions while offering a revolutionary understanding of why we live and love as we do.

Do bad girls really have more fun? Surveys say no. The women who are most likely to enjoy sex are married and religious. In other words, they're Good Girls! But good girls know that making sex great isn't about acting trashy. It's about recognizing what God really designed sex for, and then learning how to reap all these benefits and joyfully enjoy your husband. Frank and contemporary, this ebook download of *The Good Girls' Guide to Great Sex* will give the newly engaged and new brides—and some veteran wives—a Christian place to turn to answer their most intimate, and embarrassing, questions. In a conversational style, with lots of humorous anecdotes, the book will show that sex isn't just physical: it's also an emotional and spiritual experience. And we'll learn why commitment in a Christian marriage is the perfect recipe for a sex life which is out of this world!

NATIONAL BESTSELLER • A stunning “portrait of the enduring grace of friendship” (NPR) about the families we are born into, and those that we make for ourselves. A masterful depiction of love in the twenty-first century. A NATIONAL BOOK AWARD FINALIST • A MAN BOOKER PRIZE FINALIST • WINNER OF THE KIRKUS PRIZE *A Little Life* follows four college classmates—broke, adrift, and buoyed only by their friendship and ambition—as they move to New York in search of fame and fortune. While their relationships, which are tinged by addiction, success, and pride, deepen over the decades, the men are held together by their devotion to the brilliant, enigmatic Jude, a man scarred by an unspeakable childhood trauma. A hymn to brotherly bonds and a masterful depiction of love in the twenty-first century, Hanya Yanagihara's stunning novel is about the families we are born into, and those that we make for ourselves. Look for Hanya Yanagihara's new novel, *To Paradise*, coming in January 2022.

From the author of *Guns, Germs and Steel*, Jared Diamond's *Collapse: How Societies Choose to Fail or Survive* is a visionary study of the mysterious downfall of past civilizations. Now in a revised edition with a new afterword, Jared Diamond's *Collapse* uncovers the secret behind why some societies flourish, while others founder - and what this means for our future. What happened to the people who made the forlorn long-abandoned statues of Easter Island? What happened to the architects of the crumbling Maya pyramids? Will we go the same way, our skyscrapers one day standing derelict and overgrown like the temples at Angkor Wat? Bringing together new evidence from a startling range of sources and piecing together the myriad influences, from climate to culture, that make societies self-destruct, Jared Diamond's *Collapse* also shows how - unlike our ancestors - we can benefit from our knowledge of the past and learn to be survivors. 'A grand sweep from a master storyteller of the human race' - Daily Mail 'Riveting, superb, terrifying' - Observer 'Gripping ... the book fulfils its huge ambition, and Diamond is the only man who could have written it' - Economist 'This book shines like all Diamond's work' - Sunday Times

ABOUT THE BOOK Jared Diamonds *Why is Sex Fun?* is sexual anthropology for the layman. As he says in the quote from his preface above, hes speculating, not lecturing. He does it with wisdom, humor and a lot of insight based on research and a deep appreciation for his subject matter. He tackles topics we normally dont think about, like why only women lactate, or why we have sex when a woman isnt fertile. He writes through a combination of historical, emotional, and anthropological perspectives. His aim is to enlighten and explain, and he does it by weaving together current scientific understanding and research with his own unique brand of extrapolation. Because of his background as a scientist, he takes the tone of an academic paper, but transcends the dry delivery that dooms most research. He stops short of pop science, a la *Freakanomics* or Malcolm Gladwell. Hes not just riffing possible theories from the research that others have done. Hes extending the inquiry and looking for answers to broad questions. MEET THE AUTHOR Scott James has a degree in English and has worked as a teacher, lecturer and editor for over a decade. He is a published author and poet, and freelances as a self-publishing and marketing consultant for start-ups. He lives in San Francisco with his wife. EXCERPT FROM THE BOOK In *Why is Sex Fun?*, Jared Diamond tackles a series of questions about human sexuality that are not easily explained by evolution. In each chapter he presents a question, explains why it is not easily answered (or not as easily answered as some scientists would have us believe), lays out several opposing points of view, and works through his reasoning As humans, we tend to think that whatever other animals do is strange, but Diamond makes it clear from the beginning that when it comes to sex, we are the strange ones. We pair up for the long-term, share parental care, live close to other couples, have sex in private, hide ovulation, and get menopause. He lays out the argument that natural selection maximizes the transmission of genes, and for humans, doing that has meant developing sexual and reproductive behaviors that diverge dramatically from our closest animal relatives. Diamond seems to suggest that the rest of the animal kingdom looks at us and wonders, why do they do that?! Diamond moves into even more contentious territory, delving into the Battle of the Sexes. Here he looks at why men and women have evolved to take on different roles in sexual reproduction and resulting child-rearing. Youll find no equal right arguments here; he makes a subtle case for gender roles having at least some basis in evolutionary necessity. CHAPTER OUTLINE Quicklet on Jared Diamond's *Why is Sex Fun?* + About the Book + About the Author + Overall Summary + Chapter-by-Chapter Summaries + ...and much more

This booklet by noted writer Elisabeth Elliot talks straightforwardly and unpatronizingly to young people about God's purposes for sex, inviting them to think about sex in the broad view rather than treating it as casual recreational activity.

A reproduction of the classic text, unavailable now for more than a decade, with a new introduction by the author. The Hite Report, first published in 1976, was a sexual revolution in six hundred pages. To answer sensitive questions dealing with the most intimate details of women's sexuality, Hite's innovation was simple: she asked women, a lot of them, everything--and published the results. One hundred thousand women, ages fourteen to seventy-eight, were asked what they do and don't like about sex; how orgasm really feels, with and without intercourse; how it feels not to have an orgasm during sex; the importance of clitoral stimulation and masturbation; and to name the greatest pleasures and frustrations of their sexual lives, among many other questions. The Hite Report declares that orgasm is easy and strong for women, given the right stimulation; that most women have orgasm most easily during masturbation or clitoral stimulation by hand; that sex as we define it is a cultural institution, not a biological one; and that attitudes must change to include the stimulation women desire. A fascinating insight into how human sexuality came to be the way it is now - Jared Diamond explains why we are different from the animal kingdom. Why are humans one of the few species to have sex in private? Why do humans have sex any day of the month or year, including when the female is pregnant, beyond her reproductive years, or between her fertile cycles? Why are human females one of the few mammals to go through menopause? Human sexuality seems normal to us but it is bizarre by the standards of other animals. Jared Diamond argues that our strange sex lives were as crucial to our rise to human status as were our large brains. He also describes the battle of the sexes in the human and animal world over parental care, and why sex differences in the genetic value of parental care provide a biological basis for the all-too-familiar different attitudes of men and women towards extramarital sex.

This guide bring something utterly fresh to the realm of sex manuals--humor. This book sets the scene for satisfying love-making and

exploring sensual skin tactics to get readers in the mood and features 50 red-hot games that lead to naughty nights and sexy days. 90 full-color photos.

2016 Winner of the Norma Fleck Award for Canadian Children's Non-Fiction 2016 ALA Stonewall Book Award, Honor Book 2016 ALA Notable Children's Book A comic book for kids that includes children and families of all makeups, orientations, and gender identities, *Sex Is a Funny Word* is an essential resource about bodies, gender, and sexuality for children ages 8 to 10 as well as their parents and caregivers. Much more than the "facts of life" or "the birds and the bees," *Sex Is a Funny Word* opens up conversations between young people and their caregivers in a way that allows adults to convey their values and beliefs while providing information about boundaries, safety, and joy. The eagerly anticipated follow up to Lambda-nominated *What Makes a Baby*, from sex educator Cory Silverberg and artist Fiona Smyth, *Sex Is a Funny Word* reimagines "sex talk" for the twenty-first century.

A "riveting and illuminating" Bill Gates Summer Reading pick about how and why some nations recover from trauma and others don't (Yuval Noah Harari), by the Pulitzer Prize-winning author of the landmark bestseller *Guns, Germs, and Steel*. In his international bestsellers *Guns, Germs and Steel* and *Collapse*, Jared Diamond transformed our understanding of what makes civilizations rise and fall. Now, in his third book in this monumental trilogy, he reveals how successful nations recover from crises while adopting selective changes -- a coping mechanism more commonly associated with individuals recovering from personal crises. Diamond compares how six countries have survived recent upheavals -- ranging from the forced opening of Japan by U.S. Commodore Perry's fleet, to the Soviet Union's attack on Finland, to a murderous coup or countercoup in Chile and Indonesia, to the transformations of Germany and Austria after World War Two. Because Diamond has lived and spoken the language in five of these six countries, he can present gut-wrenching histories experienced firsthand. These nations coped, to varying degrees, through mechanisms such as acknowledgment of responsibility, painfully honest self-appraisal, and learning from models of other nations. Looking to the future, Diamond examines whether the United States, Japan, and the whole world are successfully coping with the grave crises they currently face. Can we learn from lessons of the past? Adding a psychological dimension to the in-depth history, geography, biology, and anthropology that mark all of Diamond's books, *Upheaval* reveals factors influencing how both whole nations and individual people can respond to big challenges. The result is a book epic in scope, but also his most personal yet. Sex is as fascinating to scientists as it is to the rest of us. A vast pool of knowledge, therefore, has been gleaned from research into the nature of sex, from the contentious problem of why the wasteful reproductive process exists at all, to how individuals choose their mates and what traits they find attractive. This fascinating book explores those findings, and their implications for the sexual behaviour of our own species. It uses the Red Queen from 'Alice in Wonderland' – who has to run at full speed to stay where she is – as a metaphor for a whole range of sexual behaviours. The book was shortlisted for the 1994 Rhone-Poulenc Prize for Science Books. 'Animals and plants evolved sex to fend off parasitic infection. Now look where it has got us. Men want BMWs, power and money in order to pair-bond with women who are blonde, youthful and narrow-waisted ... a brilliant examination of the scientific debates on the hows and whys of sex and evolution' Independent.

An unparalleled exploration of the mysteries underlying women's sexuality that rivals the culture-shifting Kinsey Report, from two of America's leading research psychologists Do women have sex simply to reproduce or display their affection? When University of Texas at Austin clinical psychologist Cindy M. Meston and evolutionary psychologist David M. Buss joined forces to investigate the underlying sexual motivations of women, what they found astonished them. Through the voices of real women, Meston and Buss reveal the motivations that guide women's sexual decisions and explain the deep-seated psychology and biology that often unwittingly drive women's desires—sometimes in pursuit of health or pleasure, or sometimes for darker, disturbing reasons that a woman may not fully recognize. Drawing on more than a thousand intensive interviews conducted solely for the book, as well as their pioneering research on physiological response and evolutionary emotions, *Why Women Have Sex* uncovers an amazingly complex and nuanced portrait of female sexuality. They delve into the use of sex as a defensive tactic against a mate's infidelity (protection), as a ploy to boost self-confidence (status), as a barter for gifts or household chores (resource acquisition), or as a cure for a migraine headache (medication). *Why Women Have Sex* stands as the richest and deepest psychological understanding of female sexuality yet achieved and promises to inform every woman's (and her partner's) awareness of her relationship to sex and her sexuality.

A comprehensive survey of the evolutionary science of human sexual behavior, *Evolution and Human Sexual Behavior* invites us to imagine human sex from the vantage point of our primate cousins, in order to underscore the role of evolution in shaping all that happens, biologically and behaviorally, when romantic passions are aroused.

A collection of ideas for building an active, exuberant sex life. The authors help couples rekindle lost or lagging passion. Addressing both "cautious types" and "risk takers", the Penners offer inventive ideas to help couples rekindle lost or lagging passion.

Sexual conflict permeates ancient religions, from injunctions about thy neighbor's wife to the sexual obligations of marriage. It is etched in written laws that dictate who can and cannot have sex with whom. Its manifestations shape our sexual morality, evoking approving accolades or contemptuous condemnation. It produces sexual double standards that flourish even in the most sexually egalitarian cultures on earth. And although every person alive struggles with sexual conflict, most of us see only the tip of the iceberg: dating deception, a politician's unsavory grab, the slow crumbling of a once-happy marriage, a romantic breakup that turns nasty. *Bad Men* shows that this "battle of the sexes" is deeper and far more pervasive than anyone has recognized, revealing the hidden roots of sexual conflict -- roots that originated over deep evolutionary time -- which characterise our sexual psychology. Providing novel insights into our minds and behaviours, *Bad Men* presents a unifying new theory of sexual conflict and offers practical advice for men and women seeking to avoid it.

The host of the wildly popular "Sex Is Fun" podcast brings unique approaches to the topic of lovemaking. This fully illustrated, interactive, and completely original sex manual combines the innovative look of a graphic novel with nonfiction advice and activities.

A thirtieth anniversary edition of the guide first published in 1972 features updated text and illustrations and covers such topics as sexually transmitted diseases and achieving healthy intimacy. Reprint.

Go beyond the headlines and the hype to get the newest findings in the burgeoning field of gender studies. Drawing on disciplines that include evolutionary science, anthropology, animal behavior, neuroscience, psychology, and endocrinology, Deborah Blum explores matters ranging from the link between immunology and sex to male/female gossip styles. The results are intriguing, startling, and often very amusing. For instance, did you know that. . . • Male testosterone levels drop in happy marriages; scientists speculate that women may use monogamy to control male behavior • Young female children who are in day-care are apt to be more secure than those kept at home; young male children less so • Anthropologists classify Western societies as "mildly polygamous" The Los Angeles Times has called *Sex on the Brain* "superbly crafted science writing, graced by unusual compassion, wit, and intelligence, that forms an important addition to the literature of gender studies."

Now you can go further! This new collection of fun games will have you both laughing and loving – and learning. Throw the dice, open the book, take a deep breath! * 40 sensual sessions to enjoy with your lover. * Discover additional 'surprises' as you play. * Handy use-anywhere format!

From award-winning psychosexologist Chantelle Otten comes the well-overdue, inclusive and meticulous guide to all things sex, bodies and relationships.

To us humans the sex lives of many animals seem weird. In fact, by comparison with all the other animals, we are the ones with the weird sex

lives. How did that come to be? Just count our bizarre ways. We are the only social species to insist on carrying out sex privately. Stranger yet, we have sex at any time, even when the female can't be fertilized (for example, because she is already pregnant, post-menopausal, or between fertile cycles). A human female doesn't know her precise time of fertility and certainly doesn't advertise it to human males by the striking color changes, smells, and sounds used by other female mammals. Why do we differ so radically in these and other important aspects of our sexuality from our closest ancestor, the apes? Why does the human female, virtually alone among mammals go through menopause? Why does the human male stand out as one of the few mammals to stay (often or usually) with the female he impregnates, to help raise the children that he sired? Why is the human penis so unnecessarily large? There is no one better qualified than Jared Diamond—renowned expert in the fields of physiology and evolutionary biology and award-winning author—to explain the evolutionary forces that operated on our ancestors to make us sexually different. With wit and a wealth of fascinating examples, he explains how our sexuality has been as crucial as our large brains and upright posture in our rise to human status.

Do you know what makes you stand out from all other guys? If you can give her multiple screaming orgasms. Sometimes girls joke with each other about how bad guys are in bed, and the reason is simple: men don't fully understand how to satisfy a woman. If YOU learn how to satisfy your girlfriend, wife, or hook-up sexually, well, all she will be thinking about is YOU. How would it feel to be super confident in your abilities to take your women on a sexual ride from sensual massage to full-blown squirting orgasms? In this book, you'll learn: The important history of female sexuality How to improve romance today Why foreplay is so important Understanding women sexuality And much more..! Are you ready to take her on a ride?

Sex ed shouldn't start and end with putting a condom on a banana. This is the pleasure-focused sex ed that you deserved to get at school - in all its challenging, messy, awkward, hilarious, enjoyable glory - from the sex educator you deserved to have. Welcome to sex ed, where everyone is invited to the party.

A New York Times Bestseller "Rich in dexterous innuendo, laugh-out-loud humor and illuminating fact. It's compulsively readable." —Los Angeles Times Book Review In *Bonk*, the best-selling author of *Stiff* turns her outrageous curiosity and insight on the most alluring scientific subject of all: sex. Can a person think herself to orgasm? Why doesn't Viagra help women—or, for that matter, pandas? Can a dead man get an erection? Is vaginal orgasm a myth? Mary Roach shows us how and why sexual arousal and orgasm—two of the most complex, delightful, and amazing scientific phenomena on earth—can be so hard to achieve and what science is doing to make the bedroom a more satisfying place.

The New York Times bestselling authors of *Rinnavation* and *She Comes First* reveal candid and fun tips to improving your marriage by rejuvenating your sex life—and getting from “no-go” to the Big O. JUST SAY O! Have flannel pj's replaced your silky negligees? Are you more likely to nod off cuddling the remote—instead of your partner? Are you too tired for sex? Is foreplay becoming “boreplay”? Too much comfort in your relationship can strip your sex life of its XXX rating and render your love life . . . lifeless. New York Times bestselling authors Ian Kerner, a nationally recognized sex counselor, and vivacious television personality Lisa Rinna are on a mission to help you get from “no-go” to the Big O. Mind-blowing sex is just pages away—now let's have some fun! IT'S NEVER TOO LATE TO GET THE SEX LIFE YOU'VE ALWAYS WANTED! • Sexy scenarios and hot new moves to amp up the adventure! • The best sexual positions to make you climax • Confidence boosters that make you feel sexier than ever and bring out your inner thrill-seeker • Oral sex and hand job tips that will make his body go nuclear • Fixes for common bedroom problems such as low desire, mismatched libidos, and sexual boredom • Tips for coping with sexual “male-functions” such as premature ejaculation, erectile disorder, and a propensity for porn • The ten-step sex workout • The most amazing sex of your life—at any age, even after kids!

101 Nights of Great Sex is the permission slip you've needed to strip off all your inhibitions and break your predictable bedroom routines; to finally claim the sex life that you really, really want. Millions of readers can attest to the success of the original printed version of this book for revitalizing their love lives. But now Laura Corn has totally upped her game and pulled out all the stops in the New 2013 edition. Here's what's INSIDE: - New, exciting, modern design. - Totally revised and updated - More compact and easier to hide (but it will fit perfectly on your nightstand - Over 50 BRAND NEW seductions - variety is the spice of life - All new eTeases - those crafty little electronic invitations which set the scene and fire up your partner's imagination. Which together add up to - Crazier foreplay - Sexier surprises - Wilder scenarios - Naughtier adventures - Hotter Sex - More fun and excitement than ever before But what really makes this book unique is that it's not a book you read, it's a book you "do" and that's precisely why it's so exciting, and effective. In the book you'll find: - 101 seductively suggestive titles presented in SECERT SEALED ENVELOPES: *50 for her eyes only; *50 for his eyes only; *and one very special seduction to be shared by both of you - Step-by-step detailed instructions for each title - Everything you need to pull off a thrilling, sexual seduction. Once a week, you and your partner each pick a sealed page and tear it from the book. There's no turning back now ?and no peeking at each other's page! Just follow your secret instructions, and sometime during the week you'll each be getting an erotic surprise. Talk about anticipation! Because once you've picked a seduction, and piqued your lover's curiosity, their sense of anticipation will build, and build. You will both be fantasizing all week about what's going to happen next. To help heighten your partner's sense of anticipation the new edition of 101 Nights of Great Sex also contains links to extremely sexy eTeases. These eTeases are clever and tempting electronic invitations that you email to your partner to set up a night of great sex. Think of them like a movie trailer. They give clues to the seduction that you're planning. They're a hint, a visually compelling and cleverly written message guaranteed to get your lover's pulse racing. Millions of readers can attest to the success of this book, but don't just take their word for it - try it for yourself ? you're guaranteed an experience no other sex book can deliver.

The Development of an Extraordinary Species We human beings share 98 percent of our genes with chimpanzees. Yet humans are the dominant species on the planet -- having founded civilizations and religions, developed intricate and diverse forms of communication, learned science, built cities, and created breathtaking works of art -- while chimps remain animals concerned primarily with the basic necessities of survival. What is it about that two percent difference in DNA that has created such a divergence between evolutionary cousins? In this fascinating, provocative, passionate, funny, endlessly entertaining work, renowned Pulitzer Prize–winning author and scientist Jared Diamond explores how the extraordinary human animal, in a remarkably short time, developed the capacity to rule the world . . . and the means to irrevocably destroy it.

How to Survive Your Freshman Year (6th edition) is the perfect send-off gift for college-bound high school graduates. This revamped edition of America's #1 college advice guide includes new advice from hundreds of college students from around the country, alongside the best timeless advice from earlier editions. This ultimate “insider's guide” to college life

helps entering freshmen navigate the challenging transition to college life. In addition, the book features expert advice from college advisers and administrators, mental health professionals and others.

Anthropology, Sexual Studies, Psychology, Sociology, Gender and Cultural Studies

Offers female readers advice on enhancing their sex lives, addressing such subjects as how to enjoy the physical pleasures of sex and how women's bodies respond best to sexual stimulation.

A great new way to inject variety and excitement into a couple's love life, Sex Mix takes the popular split-page design usually found only in kids' and joke books and unleashes it on the world of erotic pleasures. The top half of each page offers a tantalizing foreplay idea and the bottom half presents an erotic position. However, since the halves aren't connected, couples can flip the tops and bottoms of pages separately to create thousands of exciting sexual combinations. The book's mix-and-match format allows a couple to enjoy a single unpredictable night of flip-open fun or years of fresh, exciting sex. With dozens of foreplay ideas such as sensual massage and daring role play and positions ranging from the relatively tame to the ultra-stimulating, Sex Mix helps couples discover what really turns them on.

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