

Mutual Help Groups Organization And Development Sage Human Services Guides

'...will be welcomed by the experienced practitioner as well as the new professional and volunteer. The book is written clearly and...provides a valuable service to all those involved by explicitly delineating the roles and functions of the volunteer members of the mutual help group, the professional, and the supporting agency, and by highlighting differences between autonomous mutual help groups and those supported by social service organizations.' -- The Journal of Contemporary Social Work, October 1981

Abundance of Life

Mutual-help groups have proliferated, diversified and adapted to emerging substance-related trends over the past 75 years, and have been the focus of rigorous research for the past 30 years. This book reviews the history of mutual support groups for addiction that have arisen as adjuncts or alternatives to Twelve Step Programs, including secular mutual support groups like Secular Organization for Sobriety, Smart Recovery and Women for Sobriety, and faith-based mutual support groups like Celebrate Recovery. It also considers the mutual support groups attended by families and friends of addicts. These mutual support groups are examined in terms of their histories, theoretical underpinnings and intended communities. The structures common in mutual support groups have influenced the rise of a new recovery advocacy movement and new recovery community institutions such as recovery ministries, recovery community centers, sober cafes, sober sports clubs, and recovery-focused projects in music, theatre and the arts. This volume explores how collectively, these trends reflect the cultural and political awakening of people in recovery and growing recognition and celebration of multiple pathways of long-term addiction recovery. This book was originally published as a special issue of the Journal of Groups in Addiction and Recovery.

Clinical Obsessive-Compulsive Disorders in Adults and Children is a complete, comprehensive overview of OCD, covering its underlying causes, manifestations and treatment. The book begins by covering the basic science of OCD and its biological basis and mechanisms. It discusses the treatment for both adults and children with an emphasis on providing information for clinicians to use in their everyday practice. Using the latest information regarding evidence-based treatments, it takes the reader through medication options, including behavioural therapy, support groups and recent developments in surgical treatment. The clinical manifestations of OCD are covered, as well as the differentiation between OCD and other neuropsychiatric disorders with similar presentations. Chapters on spectrum illnesses including body dysmorphic disorder, impulse control disorders such as trichotillomania, and hoarding are also included. This book will appeal to all mental health professionals, from practitioners to researchers, working in the field of compulsive disorders.

Chemically Dependent Anonymous' (CDA) book by the same name outlines their history, philosophical underpinnings, & the program for people who are chemically dependent. CDA is a support group that deals with the disease of addiction & the possibility that an addict will transfer his or her chemical dependency from one substance to another. CDA has based its program on the programs proven successful by Alcoholics Anonymous for more than half a century. They have adapted AA's twelve steps & twelve traditions, changing them only so they refer to chemical dependency as a whole, rather than just alcohol abuse. The book CHEMICALLY DEPENDENT ANONYMOUS contains personal stories by 23 courageous recovering men & women who have been willing to share their personal stories about their addiction, their attempts at recovery & their success in combatting many varieties of substance abuse. Their stories have been kept as nearly as possible in their own words. Only those who have been there can so eloquently explain how they have been able to rebuild their lives. These CDA

members want to give hope to others that they too may find freedom from their addictions through CDA's own time tested program of recovery outlined in this book.

Social science research on self-help/mutual aid groups and organizations from 1960 on is reviewed. Voluntary peer-run mutually supportive groups' diversity illustrated through Alcoholics Anonymous, mental health groups and others. Socio-political contexts shape self-help/mutual aid. Borkman's autoethnographic narrative highlights her participation.

The Handbook of Group Counseling and Psychotherapy is a comprehensive reference guide for group practitioners and researchers alike. Each chapter reviews the literature and current research as well as suggestions for practice in the psycho educational arena, counselling, and therapy groups. The Handbook encourages the notion that the field is improved through increased collaboration between researchers and practitioners. Through a review of cutting-edge research and practice, the Handbook includes } 48 articles by renowned experts in group work } the history and theory of group work } topics across the lifespan } an entire section on multicultural issues } a variety of clinical problems and settings } appendices include the Association for Specialists in Group Work Training Standards, Best Practice Standards, and Principles for Diversity-Competent Group Workers The Handbook is divided into seven sections: Current and Historical Perspectives on the Field of Group Counselling and Psychotherapy, reviews and analyzes the many contributions and contributors that have made group counselling and psychotherapy a vital and potent treatment method. The chapter outlines review articles spanning four decades, and outlines the evolution of group themes over the last 100 years. Best Practices in Group Counselling and Psychotherapy uses research, theory, and group counseling experience to provide group leaders and researches with the most current and best practices in conducting group counseling and psychotherapy. Multicultural Groups follows the ASGW Principles for Diversity-Competent Group Workers and is intended to provide group leaders with essential information about different cultural groups and their world views, perceptions of groups, naturalistic healing methods, suggested group interventions, and implications for groups. Chapters cover Native-Americans, Latinos, Asians, and African-Americans, disabled persons, and gender and sexuality. Groups Across Settings includes examples of psycho-educational, counseling, and psychotherapy groups in a variety of settings. This section presents readers with theoretical and empirical support for group work in such settings as the Veterans Administration system, university counselling centers, and more. Groups Across the Lifespan consist of chapters across many age groups. For children and adolescents, cognitive and developmental issues are addressed. For adults, socialization and interpersonal issues are addressed, including separate chapters for male and female groups. Finally, a chapter on the elderly deals with cognitive, health, and life review issues. Special Topics Groups presents a continuum of different types of groups used to treat people with interpersonal and developmental issues, such as grief, substance abuse, depression, and others. Each chapter in this section provides definitions and descriptions of the issues along with theoretical and empirical support. Finally, Critical Issues and Emerging Topics attempts to reflect the zeitgeist and provide a glimpse into group interventions for the future. Emerging issues, such as online groups, prevention groups, and peer-led mutual help groups receive careful attention and analysis. The Handbook of Group Counseling and Psychotherapy, the first reference devoted to this emerging and rapidly growing field, is essential for academics, researchers, professionals, and librarians serving the group therapy community. There is no similar reference available, and it will prove a landmark volume for years to come. A complete reference to the fields of psychology and behavioral science Volume 4 is the final volume in The Corsini Encyclopedia of Psychology and Behavioral Science series. Providing psychologists, teachers, researchers, and students with complete reference for over 1,200 topics across four volumes, this resource is invaluable for both clinical and research settings. Coverage includes conditions,

assessments, scales, diagnoses, treatments, and more, including biographies on psychologists of note and psychological organizations from across the globe. The Third Edition has been updated to reflect the growing impact of neuroscience and biomedical research, providing a highly relevant reference for the highest standard of care.

All of us, as Canadians, are touched throughout our lives by some aspect of social welfare, either as recipients, donors, or taxpayers. But despite the importance of the social network in our country, there has been no single source of information about this critical component of our society. Even professionals in the field of social work or social services have not had a comprehensive volume addressing the myriad features of this critical societal structure. The Encyclopedia of Canadian Social Work fills this need. Over five hundred topics important to Canadian social work are covered, written by a highly diverse group of social workers covering all aspects of the field and all areas of the country. Practitioners, policy makers, academics, social advocates, researchers, students, and administrators present a rich overview of the complexity and diversity of social work and social welfare as it exists in Canada. The principal finding from this project underscores the long-held perception that there is a Canadian model of social work that is unique and stands as a useful model to other countries. The Encyclopedia of Canadian Social Work will be an important source of information, both to Canadians and to interested groups around the world. The Encyclopedia of Canadian Social Work is available in e-book version by subscription or from university and college libraries through the following vendors: Canadian Electronic Library, Ebrary, MyiLibrary, and Netlibrary.

Self-Help and Mutual Aid Groups International and Multicultural Perspectives Routledge

A variety of programs are described in this volume illuminating innovative approaches to service delivery.

This volume provides comprehensive coverage of self-help organizations, which in the United States alone involve over seven million people, from small local groups to major national organizations such as Alcoholics Anonymous. The focus is on three critical areas: public policy and self-help; participation, particularly by minorities, in self-help; and various frameworks which contribute to understanding self-help. The book concludes with six chapters of major findings and case studies.

Poverty, unemployment, limited access to health care: the litany of ills plaguing contemporary society seems endless, reflective of the pragmatic and philosophical battles waged to overcome what some perceive as insurmountable obstacles. What role has the state played in mitigating the effects of these harsh realities? Offering a comprehensive survey of past and present programs, *Social Welfare* considers the substance and results of government intervention. Shaped by the works of such distinguished figures as Martin Luther, Adam Smith, and Charles Darwin, this incisive text charts the progression of social welfare policy from inception to its current status. David Macarov links present policy to the convergence of five interacting motivations: mutual aid, religion, politics, economics, and ideology. In identifying these elements, Macarov assays the significance of each in determining the nature of social welfare and its future. Featuring chapter summaries and exercises, this intriguing introduction to social welfare policy and practice will involve and inform students of social work, political science, and sociology. "David Macarov has written a handy introductory social policy text for undergraduate that transcends the descriptive accounts of the social services that pervade the literature. Unlike many other introductory texts, Macarov does not seek to list the major social services and describe their functioning but focuses instead on the role of ideas and wider social forces in social welfare. The book is easy to read and thoroughly supported with recommendations for additional reading. It is a useful addition to the literature." --Journal of Sociology and Social Welfare

The purpose of this dissertation is to examine the organisational problems, and in particular the leadership problems, of self-help groups in

Japan for parents whose children have intractable diseases. Since 1993, I have been involved with these parent groups, and have conducted three sorts of qualitative interview: thirteen informal conversational interviews, four focus group interviews, and fourteen guided interviews, involving the members of twenty-one parent groups. Part of the research was carried out as participatory action research in which a research team was formed and authorised by the parent groups. My findings have shown that the groups' most serious problems lay not outside their groups but within, with the shortage of suitable leaders who volunteered in the activities. Three different sorts of account were given concerning the leadership shortage. They included justification, accusation and exposure: the participants claimed that taking care of ill children caused the leadership shortage; selfish members created it; or the determination of older leaders to remain at the helm prevented new members from becoming leaders. Cognitive maps have been drawn of these situations. I have explained the theories behind the free-rider and social loafing problems, and the leadership traps confronting the parent groups, and have applied attribution theory to the results. I have discussed the practicality of consultation for group leaders, and argued that organisational socialisation should be activated in the parent groups while propounding the island-within-a-lake model of parent groups. Methodologically, I have discussed social research within Japanese culture and the ethical issues pertain to participatory action research.

"Thomasina Borkman reviews English-language social science research on North American self-help/mutual aid groups (SHGs) and organizations and some from industrialized countries. SHGs, known by many names, are voluntary, member-run groups of peers who share a common issue, utilize lived experience, and practice mutual aid. Borkman's autoethnographic approach highlights her international SHG participation. Despite initial common values and practices in the 1960s and on, Alcoholics Anonymous, the mental health SHGs, and other SHGs evolved in the US as three separate social movements that became institutionalized by 2000; their history, characteristics, achievements and supportive infrastructure are summarized. British contributors Munn-Giddings and Boyce show in European countries how socio-political contexts shape self-help/mutual aid. Research has shifted from SHGs to peer support since 2000"--

Building on earlier patient-empowerment movements, consumer- and advocate-driven mental health self-help (MHSH) initiatives currently outnumber traditional mental health organizations. At the same time, this apparent success raises significant questions about their short-term efficacy and their value to lasting recovery. Mental Health Self-Help assembles the state of the evidence on the effectiveness of MHSH, beginning with the individual and larger social factors behind the expansion of consumer-directed services. Clearly organized and accessibly written, the book traces the development and evolution of MHSH as both alternative and adjunct to traditional mental health structures, offers research-based perspectives on the various forms of MHSH, and identifies potential areas for consumer initiatives to work with—and help improve—mental health systems. Contributors weigh strengths and limitations, raise research and methodology questions, and discuss funding and training issues to give readers a deeper understanding of the field and an informed look at its future impact on mental health treatment. Individual chapters cover the spectrum of contemporary self-help initiatives in mental health, including:

- Online mutual aid groups.
- Consumer-run drop-in centers.
- Family and caregiver groups.
- Certified peer support specialists.
- Consumer advocacy initiatives.
- Technical assistance organizations.
- Professional/self-help collaborations.

Mental Health Self-Help is a bedrock guide to an increasingly influential aspect of the mental health landscape. Researchers studying these initiatives from a variety of fields including community and clinical psychology, and public health—as well as clinicians, counselors, social workers, case managers, and policymakers—will find it an indispensable reference.

In the 14 years since the first edition of Addictions was published, a wealth of substantive and crucial new findings have been added to our

knowledge of alcohol and other substance use disorders. This primary reference has now been updated and expanded to include 38 chapters, all completely rewritten to reflect new knowledge gained about the science of alcohol and other drugs, as well as new treatment approaches and research trends. *Addictions: A Comprehensive Guidebook, Second Edition*, features a roster of senior scientists covering the latest findings in the study of alcohol and other drug use, abuse, and dependence. Skillfully edited by Drs. Barbara S. McCrady and Elizabeth E. Epstein, the chapters primarily review the literature published in the last 14 years since the first edition. The volume covers seven different content areas: Section I addresses broad conceptual issues as well as information on the etiology, neuroscience, epidemiology and course of alcohol and other drug use, abuse, and dependence. Section II provides detailed pharmacological and clinical information on the major drugs of abuse, including alcohol. Sections III, IV, and V focus on knowledge of importance to clinical practice, including a section on assessment and treatment planning, information on a range of empirically supported treatments, and issues related to clinical practice. Section VI provides information about specific population groups, and Section VII addresses policy, prevention, and economic issues in the field. The book is appropriate for a wide variety of readers who are either treating, learning to treat, doing research on, or teaching about addictions. Comprehensive and succinct, it is written in a manner that is accessible and useful to practitioners, students, clinician trainees, and researchers. It is also an ideal textbook for graduate courses and training programs in psychology, psychiatry, social work, and addictions certifications, and for advanced undergraduate courses on alcohol and other substance use disorders

Part of an international study of Alcoholics Anonymous, carried out in collaboration with the World Health Organization, Regional Office for Europe

Mutual aid is the radical act of caring for each other while working to change the world. Around the globe, people are faced with a spiralling succession of crises, from the Covid-19 pandemic and climate change-induced fires, floods, and storms to the ongoing horrors of mass incarceration, racist policing, brutal immigration enforcement, endemic gender violence, and severe wealth inequality. As governments fail to respond to—or actively engineer—each crisis, ordinary people are finding bold and innovative ways to share resources and support the vulnerable. Survival work, when done alongside social movement demands for transformative change, is called mutual aid. This book is about mutual aid: why it is so important, what it looks like, and how to do it. It provides a grassroots theory of mutual aid, describes how mutual aid is a crucial part of powerful movements for social justice, and offers concrete tools for organizing, such as how to work in groups, how to foster a collective decision-making process, how to prevent and address conflict, and how to deal with burnout. Writing for those new to activism as well as those who have been in social movements for a long time, Dean Spade draws on years of organizing to offer a radical vision of community mobilization, social transformation, compassionate activism, and solidarity.

The first book of its kind to focus on comparative self-help organization movements in Asia.

Volume numbers determined from Scope of the guidelines, p. 12-13.

ADDICTION TREATMENT covers the biological, psychological, and social aspects of alcoholism, eating disorders, compulsive gambling, and other addictions. The authors bridge the gap between the popular twelve-step and harm-reduction approaches, thus illuminating how practitioners can guide clients down a trusted path that is tailored towards the client's particular needs. Through a number of first-person narratives about the experience of addiction, students will discover a realism and depth not commonly found in textbooks. In addition, the authors include student-friendly topics,

such as the case against so-called underage drinking laws, to draw students into the material and illustrate the importance of reducing harm within the biopsychological framework that ties the text together. Updated to reflect the DSM-5, this edition also includes the latest insights into social determinants of health, trauma-informed care, working with transgender populations, and other timely topics. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

The authors reveal the ways in which mutual aid processes help individuals overcome social and emotional trauma in contemporary society by reducing isolation, universalizing individual problems, and mitigating stigma. New chapters in this completely revised and updated third edition illustrate the power of mutual aid processes in dealing with children traumatized by the events of September 11, adult survivors of sexual abuse, parents with developmentally challenged children, people with AIDS in substance recovery, and mentally ill older adults.

Self-help organizations across the world, such as Alcoholics Anonymous, Croix D'Or, The Links, Moderation Management, Narcotics Anonymous, and SMART Recovery, have attracted tens of millions of individuals seeking to address addiction problems with drugs or alcohol. This book provides an integrative, international review of research on these organizations, focusing in particular on the critical questions of how they affect individual members and whether self-help groups and formal health care systems can work together to combat substance abuse. Keith Humphreys reviews over 500 studies into the efficacy of self-help groups as an alternative and voluntary form of treatment. In addition to offering a critical review of the international body of research in this area, he provides practical strategies for how individual clinicians and treatment systems can interact with self-help organizations in a way that improves outcomes for patients and for communities as a whole.

"We need more such books covering all parties, males and females, involved in...grieving situations, and showing how people can accommodate to various relationships and work toward an enriched self-identity." -- Family Relations, July 1983 "This is a humane, compassionate book intended to help women gain a sense of realistic integrity and control over their lives by facilitating the process of dealing with psychic pain." -- Journal of Gerontology, Vol 39 No 1, January 1984

Group counseling is a dynamic and valuable treatment device used by therapists throughout the psychological disciplines, one that has proven effective in promoting change and growth in a variety of populations and settings. The Oxford Handbook of Group Counseling takes an innovative approach to this expansive topic, providing both a comprehensive field manual for practitioners and an authoritative reference work for teachers and researchers. Comprising 31 topic-based chapters by leading practitioners and researchers, this handbook covers the full spectrum of current and relevant topics in group counseling, including: - definitions and background - history and efficacy - key

change processes (e.g., therapeutic factors, group cohesion, group climate) - group leader strategies and characteristics - new applications for group counseling strategies, including online groups - group counseling with special populations - the future of group counseling With roots in the most recent and relevant literature, *The Oxford Handbook of Group Counseling* is an ideal text for training programs (counselor education, clinical psychology, social work, or human services) or as a reference for researchers in counseling psychology. Whoever the reader, it a valuable and comprehensive guidebook for both students and practitioners in the growing practice of group counseling.

It was once taken for granted that peer-assisted groups such as Alcoholics Anonymous had no “real” value in recovery from addiction. More recently, evidence-based medicine is recognizing a spiritual component in healing—especially when it comes to addiction. The newest edition of *Recent Developments in Alcoholism* reflects this change by focusing on the 12-step model of recovery as well as mindfulness meditation and other spiritually oriented activity. More than thirty contributors bring together historical background, research findings, and clinical wisdom to analyze the compatibility of professional treatment and nonprofessional support, day-to-day concepts of relapse prevention, the value of community building in recovery, and much more. Among the topics covered: (1) How and why 12-step groups work. (2) The impact of the spiritual on mainstream treatment. (3) The impact of AA on other nonprofessional recovery programs. (4) AA outcomes for special populations. (5) Facilitating involvement in 12-step programs. (6) Methods for measuring religiousness and spirituality in alcohol research. Whether one is referring clients to 12-step programs or seeking to better understand the process, this is a unique resource for clinicians and social workers. Developmental psychologists, too, will find *Volume 18—Research on Alcoholics Anonymous and Spirituality in Addiction Recovery* a worthy successor to the series.

Self-help groups have encountered fierce criticism as places where individuals join to share personal problems and to engage in therapeutic intervention without the aid of skilled professionals. These groups have flourished since the 1970s and continue to serve more people than professional therapy. Yet these groups have been criticized as fostering a culture of whiners and victims, and not using professional help as needed. Thomasina Jo Borkman debunks this commonly held assessment, and also examines the reasons for these groups' enduring popularity since the 1960s--more people attend these meetings (word?) than see professional therapists. What accounts for their success and popularity? *Understanding Self-Help / Mutual-Aid Groups* is the first book to describe three stages of individual and group evolution that is part of this organization's very structure; it also reconceptualizes participants' interactions with professionals. The group as a whole, Borkman posits, draws on the life experiences of its membes to foster nurturing, support, and transformation through a "circle of sharing." Groups create more positive and less stigmatizing "meaning perspectives" of

the members' problems than is available from professionals or lay folk culture.

This book describes the largest treatment study ever conducted with alcoholics, with new information on treatment effectiveness. This well researched, painstakingly documented book provides detailed information on the right-wing evangelical organization (Oxford Group Movement) that gave birth to AA; the relation of AA and its program to the Oxford Group Movement; AA's similarities to and differences from religious cults; AA's remarkable ineffectiveness; and the alternatives to AA. The greatly expanded second edition includes a new chapter on AA's relationship to the treatment industry, and AA's remarkable influence in the media.

Here is new information on the development of international and intercultural research on self-help groups. This book reflects the many developments which have occurred in the field over the past decade, emphasizing empirical research. Self-Help and Mutual Aid Groups provides specific research findings and honed concepts to help health professionals learn more about self-help groups and work effectively with such groups. More countries and ethnic groups are now involved in the self-help movement, and this volume increases knowledge of how different cultures react to and participate in self-help mutual aid and how self-help groups can be adapted to fit different racial or ethnic populations. Self-Help and Mutual Aid Groups explores the definition of self-help, the centrality of culture as a major factor explaining variability in self-help, the development of appropriate methodological tools, and the role and involvement of professionals. It brings together different traditions of research for the study of cross- and intercultural and inter- and intraorganizational aspects of self-help groups. Contributors who represent various disciplines, including psychology, sociology, social work, and nursing, discuss: a paradigm for research in self-help the development of self-help groups in Japan, Hong Kong, and the former East Germany the participation of blacks in Alcoholics Anonymous the participation of Mexican Americans in groups for parents of the mentally ill relationships between self-help groups and health professionals predictors of burnout in self-help group leaders characteristics of effective groups ways individuals change their world view through self-help participation Self-Help and Mutual Aid Groups is an informative and helpful resource for self-help researchers and teachers, students, and professionals who want to be more effective in their work with self-help groups across cultural and national lines.

This lively, comprehensive introduction to human behavior in the social environment offers a multidimensional approach to the topic, with discussion of integrative practice, theory, treatment, and services as well as matters pertaining to diversity addressed throughout the text. The text provides solid coverage of foundation knowledge, integrates the biopsychosocial dimensions for assessing social functioning, and offers case studies to illuminate the applied aspects of the content. Furthermore, as part of the Brooks/Cole Empowerment Series, the fifth edition thoroughly integrates the core competencies and recommended practice behaviors outlined in the 2008 Educational Policy and Accreditation Standards (EPAS) set by the Council on Social Work Education (CSWE), thus helping students connect foundation knowledge with specific practice concerns. Study tables and concept maps (for each discussion of behavior in the development chapters) clarify major phases of biopsychosocial development across

the life span. This framework gives students a concrete tool for assessing human behavior from a perspective that reflects the values and knowledge base of the social work profession. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

[Copyright: 86ecbad950f263692438315bcc3c30b4](#)