

Dont Swallow Your Gum Myths Half Truths And Outright Lies About Your Body And Health

People have more access to medical information than ever before with an abundance of printed and online resources, and yet we still believe "facts" about our bodies and sexuality that are just plain wrong. Don't Put That in There! takes on these myths and misconceptions, and exposes the truth behind some of those weird and worrisome things we think about our bodies, such as: •The average penis size is seven inches •Squeezing breasts is all fun and games •You shouldn't have sex before the big game •Anal sex will give you cancer •Two condoms are better protection than one •Pubic hair doesn't turn gray •Sex can give you a heart attack •Only men have wet dreams •You can't break your penis •You can run out of sperm With the perfect blend of authoritative research and a breezy, accessible tone, Don't Put That in There! is full of enlightening, practical, and quirky facts that will debunk some of the most perennial misconceptions we believe about sex and sexuality.

Through visits to India, Siberia, Botswana, Thailand, Kenya, and even an American zoo the author examines the pivotal role the elephant plays in balancing the ecosystems, and how it has been brought close to extinction Winner of the International Lannan Literary Award for Nonfiction Animal tracks, word magic, the speech of stones, the power of letters, and the taste of the wind all figure prominently in this intellectual tour de force that returns us to our senses and to the sensuous terrain that sustains us. This major work of ecological philosophy startles the senses out of habitual ways of perception. For a thousand generations, human beings viewed themselves as part of the wider community of nature, and they carried on active relationships not only with other people with other animals, plants, and natural objects (including mountains, rivers, winds, and weather patters) that we have only lately come to think of as "inanimate." How, then, did humans come to sever their ancient reciprocity with the natural world? What will it take for us to recover a sustaining relation with the breathing earth? In The Spell of the Sensuous David Abram draws on sources as diverse as the philosophy of Merleau-Ponty, Balinese shamanism, Apache storytelling, and his own experience as an accomplished sleight-of-hand of magician to reveal the subtle dependence of human cognition on the natural environment. He explores the character of perception and excavates the sensual foundations of language, which--even at its most abstract--echoes the calls and cries of the earth. On every page of this lyrical work, Abram weaves his arguments with a passion, a precision, and an intellectual daring that recall such writers as Loren Eiseley, Annie Dillard, and Barry Lopez.

The ultimate children's classic - long summer days filled with adventure. John, Susan, Titty and Roger sail their boat, Swallow, to a deserted island for a summer camping trip. Exploring and playing sailors is an adventure in itself but the island holds more excitement in store. Two fierce Amazon pirates, Nancy and

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Peggy, challenge them to war and a summer of battles and alliances ensues. 'My childhood simply would not have been the same without this book. It created a whole world to explore, one that lasted long in the imagination after the final page had been read' - Marcus Sedgwick

'Angela's Ashes' is the memoir of retired schoolteacher Frank McCourt. He grew up in New York in the 1930s and in Ireland in the 1940s, in a large family, with an alcoholic father. It is a story of courage and survival against apparently overwhelming odds.

Physician and popular New York Times contributor Aaron Carroll mines the latest evidence to show that many "bad" ingredients actually aren't unhealthy, and in some cases are essential to our well-being. Advice about food can be confusing. There's usually only one thing experts can agree on: some ingredients—often the most enjoyable ones—are bad for you, full stop. But as Aaron Carroll explains, if we stop consuming some of our most demonized foods, it may actually hurt us. Examining troves of studies on dietary health, Carroll separates hard truths from hype, showing that you can Eat red meat several times a week. Its effects are negligible for most people, and actually positive if you're 65 or older. Have a drink or two a day. In moderation, alcohol may protect you against cardiovascular disease without much risk. Enjoy a gluten-loaded bagel from time to time. It has less fat and sugar, fewer calories, and more fiber than a gluten-free one. Eat more salt. If your blood pressure is normal, you may be getting too little sodium, not too much. Full of counterintuitive, deeply researched lessons about food we hate to love, *The Bad Food Bible* is for anyone who wants to forge eating habits that are sensible, sustainable, and occasionally indulgent.

126 myths: sacred stories, animal myths, local legends, many more. Plus background on Cherokee history, notes on the myths and parallels. Features 20 maps and illustrations.

The humorous science writer offers a tour of the human digestive system, explaining why the stomach doesn't digest itself and whether constipation can kill you.

In this exuberantly praised book - a collection of seven pieces on subjects ranging from television to tennis, from the Illinois State Fair to the films of David Lynch, from postmodern literary theory to the supposed fun of traveling aboard a Caribbean luxury cruise liner - David Foster Wallace brings to nonfiction the same curiosity, hilarity, and exhilarating verbal facility that has delighted readers of his fiction, including the bestselling *Infinite Jest*.

Spark your child's imagination through science and learning with this captivating astronomy book for toddlers. When it comes to kids books about black holes nothing else can compare to this clever science parody from the #1 science author for kids, Chris Ferrie! PLUS, use a black light to reveal secret, invisible text and artwork that reverses the story from nothing to the scientific creation of everything! Using the familiar rhythm of "There Was an Old Lady Who Swallowed a Fly," follow along as the black hole swallows up the universe and everything that exists in it, from the biggest to the smallest pieces of matter. The silly, vibrant artwork is sure to make stargazers of all ages smile and start a love of science in your baby. There was a black hole that swallowed the universe. I don't know why it swallowed the universe—oh well, it couldn't get worse. There was a black hole that swallowed a galaxy. It left quite a cavity after

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swallowing that galaxy. It swallowed the galaxies that filled universe. I don't know why it swallowed the universe—oh well, it couldn't get worse.

These twelve dazzling stories from Chimamanda Ngozi Adichie — the Orange Broadband Prize-winning author of *Half of a Yellow Sun* — are her most intimate works to date. In these stories Adichie turns her penetrating eye to the ties that bind men and women, parents and children, Nigeria and the United States. In “A Private Experience,” a medical student hides from a violent riot with a poor Muslim woman, and the young mother at the centre of “Imitation” finds her comfortable life in Philadelphia threatened when she learns that her husband has moved his mistress into their Lagos home. Searing and profound, suffused with beauty, sorrow and longing, this collection is a resounding confirmation of Adichie’s prodigious literary powers.

Since his debut in 1976 in *The Sins of the Fathers*, Matthew Scudder has been universally acclaimed as one of the finest creations not just of MWA Grand Master Lawrence Sanders' esteemed career but of the mystery genre as a whole. The star of 17 novels, two feature films, a graphic novel and most recently a standalone novella from Subterranean Press (*A Time to Scatter Stones*). Scudder is a brilliant creation whose humanity and painful struggle for redemption have given him a life beyond the page and a permanent place in millions of readers' hearts. In *The Night and the Music*, Lawrence Sanders has compiled all of Scudder's shorter cases into one volume, from the Edgar Award-winning "By the Dawn's Early Light" (inspiration for the novel many consider the best in the series, *When the Sacred Ginmill Closes*) and the Shamus Award-winning "The Merciful Angel of Death" to the two substantial novelettes -- "Out the Window" and "A Candle for the Bag Lady" -- that kept the character alive after the first three novels fell victim to their publisher's dire straits. Also included is the nostalgic "One Last Night at Grogan's," written especially for this collection. In the pantheon of crime fiction, Matthew Scudder has earned a place alongside iconic figures such as Philip Marlowe, Sam Spade, and Lew Archer. This exceptional volume will remind you why. From the creators of the bestselling *There Was an Old Monkey Who Swallowed a Frog* comes a spooky rendition of the popular "Old Lady Who Swallowed a Fly" song. As the old mummy makes his way across a graveyard and through a haunted castle, he swallows all kinds of creepy things. From a rat to witches' brew, and a crow to a spooky ghost, this mummy keeps swallowing and swallowing...until finally there's a knock on the door. Trick or treat! Jennifer Ward's fun text and Steve Gray's zany artwork add a spooky Halloween twist to this adaptation of the popular song.

The vegetarian diet is praised for being sustainable and animal-friendly, but after 20 years of being a vegan, Lierre Keith has changed her opinion. Contravening popular opinion, she bravely argues that agriculture is a relentless assault against the planet. In service to annual grains, humans have devastated prairies and forests, driven countless species extinct, altered the climate, and destroyed the topsoil - the basis of growth and life itself.

HY in the world do I have a belly button? And WHAT in the world does it do? WHEN in the world will my nose stop growing? And HOW in the world does my pee keep flowing? The human body is a fascinating piece of machinery. It's full of mystery, wonder and WOW. And it turns out, every single human on the planet has one! Join Mindy Thomas and Guy Raz, hosts of the mega-popular *Wow in the World* podcast, as they take you on a fact-filled adventure from your toes and your tongue to your brain and your lungs. Featuring hilarious illustrations and filled with facts, jokes, photos, quizzes and experiments, *The How and Wow of the Human Body* has everything you need to better understand your own walking, talking, barfing, breathing, pooping body of WOW!

Special edition slipcase edition of John Green's *Paper Towns*, with pop-up paper town. From the bestselling author of *The Fault in our Stars*. Quentin Jacobsen has always loved Margo Roth Spiegelman, for Margo (and her adventures) are the stuff of legend at their high school.

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So when she one day climbs through his window and summons him on an all-night road trip of revenge he cannot help but follow. But the next day Margo doesn't come to school and a week later she is still missing. Q soon learns that there are clues in her disappearance . . . and they are for him. But as he gets deeper into the mystery - culminating in another awesome road trip across America - he becomes less sure of who and what he is looking for. Masterfully written by John Green, this is a thoughtful, insightful and hilarious coming-of-age story.

The truth behind all those weird and worrisome things you think about your body - EXPOSED! Face it-you have more access to medical information than ever before, and yet you still believe 'facts' about your body and health that are just plain wrong. Don't Swallow Your Gum! Takes on these myths and misconceptions and exposes them for what they are. Inside these pages, the following myths (and many more!) are dispelled: You need to drink eight glasses of water a day Chewing gum stays in your stomach for seven years. A dog's mouth is cleaner than a human's. Dr. Carroll and Dr. Vreeman blend authoritative research with a breezy sense of humour, providing the ultimate myth-busting collection of more than eighty enlightening, practical, and quirky facts about your health and well-being.

Greg Pizzoli's beloved Geisel Award-winning gem playfully taps kids' classic question about what could happen if they swallow a seed. Crocodile loves watermelon, but what will happen when his greatest fear of swallowing a watermelon seed comes to pass? Will vines sprout out his ears? Will his skin turn pink? Only one thing is certain: his wild imagination will have kids laughing out loud and begging for another read. With perfect comic pacing, bold color and dynamic sense of design, three-time Theodor Seuss Geisel Award recipient Greg Pizzoli's picture book debut transforms this familiar childhood anxiety into a contemporary classic read-aloud perfect for fans of I Want My Hat Back. "[A]n expert debut." -- Publishers Weekly (starred review) "Children will love this hilarious book. The story has broad appeal, making it a great first purchase." -- School Library Journal (starred review) Don't miss these other favorite books by Greg Pizzol: The Book HogGood Night OwlNumber One SamTempleton Gets His WishThis Story is For YouThe Twelve Days of Christmas

Looking for a new book that will make your heart race? This free, third edition of The Minotaur Sampler compiles the beginnings of four can't-miss novels--either standalone or first in series--publishing Fall 2021 for free for easy sampling. Standalone: Hannah Morrissey's captivating mystery suspense debut, Hello, Transcriber, features a female police transcriber who goes beyond the limits to solve a harrowing case. Every night, while the street lamps shed the only light on Wisconsin's most crime-ridden city, police transcriber Hazel Greenlee listens as detectives divulge Black Harbor's gruesome secrets. Standalone: A father and daughter living in isolation in the remote Appalachian mountains must reckon with the ghosts of their past in this next feature, a mesmerizing novel of suspense. Vividly atmospheric and masterfully tense, Kimi Cunningham Grant's These Silent Woods is a poignant story of survival, sacrifice, and how far a father will go when faced with losing it all. Standalone: From a distance, NYU freshman Claudia Castro has it all. But when the rest of the school comes back from Spring Break, Claudia is missing. From the critically acclaimed author of Invisible City and Conviction, Julia Dahl's The Missing Hours is a novel about obsession, privilege, and the explosive consequences of one violent act. Revival of the Series: Finish with a special collaboration between Wednesday Books and Minotaur Books: Enola Holmes is back! The nationally bestselling series and breakout Netflix sensation returns to beguile

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readers young and old in Enola Holmes and the Black Barouche.

An anthology of new Science Fiction short stories from both established and emerging contemporary authors

Draws on medical case histories, scientific findings, and personal research by the author to separate myth from fact and debunk a vast array of parental edicts.

An elderly black woman who lives out in the country makes the long and arduous journey into town, as she has done many times in the past.

Foreword by Harvey V. Fineberg, President of the Institute of Medicine For decades, experts have puzzled over why the US spends more on health care but suffers poorer outcomes than other industrialized nations. Now Elizabeth H. Bradley and Lauren A. Taylor marshal extensive research, including a comparative study of health care data from thirty countries, and get to the root of this paradox: We've left out of our tally the most impactful expenditures countries make to improve the health of their populations—investments in social services. In *The American Health Care Paradox*, Bradley and Taylor illuminate how narrow definitions of "health care," archaic divisions in the distribution of health and social services, and our allergy to government programs combine to create needless suffering in individual lives, even as health care spending continues to soar. They show us how and why the US health care "system" developed as it did; examine the constraints on, and possibilities for, reform; and profile inspiring new initiatives from around the world. Offering a unique and clarifying perspective on the problems the Affordable Care Act won't solve, this book also points a new way forward.

People have more access to medical information than ever before, and yet we still believe "facts" about our bodies and health that are just plain wrong. *DON'T SWALLOW YOUR GUM!* takes on these myths and misconceptions, and exposes the truth behind some of those weird and worrisome things we think about our bodies. Entries dispel the following myths and more: - You need to drink 8 glasses of water a day - Chewing gum stays in your stomach for seven years - You can catch poison ivy from someone who has it - If you drop food on the floor and pick it up within five seconds, it's safe to eat - Strangers have poisoned kids' Halloween candy With the perfect blend of authoritative research and a breezy, accessible tone, *DON'T SWALLOW YOUR GUM* is full of enlightening, practical, and quirky facts that will debunk some of the most perennial misconceptions we believe about our health and well-being.

Parkinson's Treatment English Edition: 10 Secrets to a Happier Life is available in over 20 language translations, so that all worldwide cultures can have access to the secrets that can help those living with Parkinson's disease. Additionally the book addresses all of the new and emerging Parkinson's disease therapies (stem cells, gene therapy, optogenetics, etc.). The most humbling experience of my life has been the time I have spent with families, and with patients suffering from Parkinson's and chronic neurological diseases. I use the word humbling, because time after time, in person, and also on the web forum, we have uncovered simple and addressable issues and secrets that have changed people's lives. For some sufferers it has meant walking again, for others it has restored their voices, and for many it has resulted in the lifting of a depression, anxiety and desperation cloud that has obscured their dreams, and robbed them of potential unrealized

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happiness. I never assume a sufferer or family member is aware of the “secrets” that may lead to hope and to a happier life. We must share these secrets, and this is the purpose of this book. Each chapter of this book reveals an important secret, and with each secret I will explain the insight, the rationale, the empiricism, and the science behind it. In each chapter I will also try to reveal a little more about myself, and a lot more about the patients and talented clinicians who gifted the Parkinson's secrets. These patients planted the seed of faith. They learned to grow hope, and they discovered the core values necessary to achieve happiness despite the chronic illness of Parkinson's disease.

The ultimate myth-busting collection of quirky and curious facts about your body and health In 2009, Drs. Aaron E. Carroll and Rachel C. Vreeman explored a wide range of myths and misconceptions about our bodies and health in the media sensation, *Don't Swallow Your Gum!*, featured on *The Dr. Oz Show*, CNN, and in *The New York Times*, *USA Today*, and more. Now, they're delving into a whole new collection of myths based on the latest scientific research, including: • Eggs give you high cholesterol. • You should stretch before you exercise. • Kids in day care catch more colds. • Sit-ups or crunches will flatten your stomach. • A glass of warm milk will put you to sleep. With a perfect balance of authoritative research and breezy humor, *Don't Cross Your Eyes . . . They'll Get Stuck That Way!* exposes the truth behind all of the things you thought you knew about your health, your well-being, and how the body works.

Journalist Walls grew up with parents whose ideals and stubborn nonconformity were their curse and their salvation. Rex and Rose Mary and their four children lived like nomads, moving among Southwest desert towns, camping in the mountains. Rex was a charismatic, brilliant man who, when sober, captured his children's imagination, teaching them how to embrace life fearlessly. Rose Mary painted and wrote and couldn't stand the responsibility of providing for her family. When the money ran out, the Walls retreated to the dismal West Virginia mining town Rex had tried to escape. As the dysfunction escalated, the children had to fend for themselves, supporting one another as they found the resources and will to leave home. Yet Walls describes her parents with deep affection in this tale of unconditional love in a family that, despite its profound flaws, gave her the fiery determination to carve out a successful life. -- From publisher description.

Vintage Readers are a perfect introduction to some of the great modern writers presented in attractive, accessible paperback editions. “It is Dr. Sacks’s gift that he has found a way to enlarge our experience and understanding of what the human is.” —*The Wall Street Journal* Dubbed “the poet laureate of medicine” by *The New York Times*, Oliver Sacks is a practicing neurologist and a mesmerizing storyteller. His empathetic accounts of his patients’s lives—and wryly observed narratives of his own—convey both the extreme borderlands of human experience and the miracles of ordinary seeing, speaking, hearing, thinking, and feeling. *Vintage Sacks* includes the introduction and case study “Rose R.” from *Awakenings* (the book that inspired the Oscar-nominated movie), as well as “A

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Deaf World” from Seeing Voices; “The Visions of Hildegard” from Migraine; excerpts from “Island Hopping” and “Pingelap” from The Island of the Colorblind; “A Surgeon’s Life” from An Anthropologist on Mars; and two chapters from Sacks’s acclaimed memoir Uncle Tungsten.

The instant New York Times and USA Today bestseller! Change when you eat and change your body, your health, and your life! Diets don’t work. You know you know that, and yet you continue to try them, because what else can you do? You can Fast. Feast. Repeat. After losing over eighty pounds and keeping every one of them off, Gin Stephens started a vibrant, successful online community with hundreds of thousands of members from around the world who have learned the magic of a Delay, Don’t Deny® intermittent fasting lifestyle. Fast. Feast. Repeat. has it all! You’ll learn how to work a variety of intermittent fasting approaches into your life, no matter what your circumstances or schedule. Once you’ve ignited your fat-burning superpower, you’ll get rid of “diet brain” forever, tweak your protocol until it’s second nature, and learn why IF is a lifestyle, not a diet. Fast. Feast. Repeat. is for everyone! Beginners will utilize the 28-Day FAST Start. Experienced intermittent fasters will strengthen their intermittent fasting practice, work on their mindset, and read about the latest research out of top universities supporting intermittent fasting as the health plan with a side effect of weight loss. Still have questions? Gin has you covered! All of the most frequently asked intermittent fasting questions are answered in the exhaustive FAQ section. Fact or Fiction: Science Tackles 58 Popular Myths by the Editors of Scientific American Did NASA really spend millions creating a pen that would write in space? Is chocolate poisonous to dogs? Does stress cause gray hair? These questions are just a sample of the urban lore investigated in this eBook, Fact or Fiction: Science Tackles 58 Popular Myths. Drawing from Scientific American's "Fact or Fiction" and "Strange But True" columns, we've selected 58 of the most surprising, fascinating, useful and just plain wacky topics confronted by our writers over the years. Each brief article uncovers the truth behind everyday mythology, starting with Section One, "In the Animal Kingdom," where we examine some of the more outlandish claims about our fellow earthly inhabitants, such as whether elephants really remember everything and whether a cockroach can live without its head. Other sections cover reproduction, the environment, technology and personal and mental health. While the answers to some questions, such as whether toilets really do flush in the opposite direction south of the Equator, may only serve to raise your Trivial Pursuit knowledge, others, such as whether to pee on a jellyfish sting or wake a sleepwalker, may come in handy. Although this eBook represents a fraction of circulating folk wisdom and urban mythology, we hope that it's an enjoyable fraction and that it encourages you to do some debunking yourself.

#1 NEW YORK TIMES BESTSELLER • A memoir of leadership and success: The executive chairman of Disney, Time’s 2019 businessperson of the year, shares the ideas and values he embraced during his fifteen years as CEO while

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reinventing one of the world's most beloved companies and inspiring the people who bring the magic to life. NAMED ONE OF THE BEST BOOKS OF THE YEAR BY NPR Robert Iger became CEO of The Walt Disney Company in 2005, during a difficult time. Competition was more intense than ever and technology was changing faster than at any time in the company's history. His vision came down to three clear ideas: Recommit to the concept that quality matters, embrace technology instead of fighting it, and think bigger—think global—and turn Disney into a stronger brand in international markets. Today, Disney is the largest, most admired media company in the world, counting Pixar, Marvel, Lucasfilm, and 21st Century Fox among its properties. Its value is nearly five times what it was when Iger took over, and he is recognized as one of the most innovative and successful CEOs of our era. In *The Ride of a Lifetime*, Robert Iger shares the lessons he learned while running Disney and leading its 220,000-plus employees, and he explores the principles that are necessary for true leadership, including:

- Optimism. Even in the face of difficulty, an optimistic leader will find the path toward the best possible outcome and focus on that, rather than give in to pessimism and blaming.
- Courage. Leaders have to be willing to take risks and place big bets. Fear of failure destroys creativity.
- Decisiveness. All decisions, no matter how difficult, can be made on a timely basis. Indecisiveness is both wasteful and destructive to morale.
- Fairness. Treat people decently, with empathy, and be accessible to them.

This book is about the relentless curiosity that has driven Iger for forty-five years, since the day he started as the lowliest studio grunt at ABC. It's also about thoughtfulness and respect, and a decency-over-dollars approach that has become the bedrock of every project and partnership Iger pursues, from a deep friendship with Steve Jobs in his final years to an abiding love of the Star Wars mythology. "The ideas in this book strike me as universal" Iger writes. "Not just to the aspiring CEOs of the world, but to anyone wanting to feel less fearful, more confidently themselves, as they navigate their professional and even personal lives."

What if everything you thought you knew was wrong? Well, it probably is. *MISCONCEPTIONS* explores some of the world's most popular false facts and reveal unexpected truths that will shock even the most experienced brainiacs! *MISCONCEPTIONS* breaks down the world's most widely believed lies, including:

- You must wait 30 minutes after eating before you swim or you'll drown.
- Sugar makes children hyper.
- Gum takes seven years to digest if you swallow it.
- Ancient Greek sculptures were painted shades of white.
- Lightning never strikes the same place twice.

And that's just scratching the surface! Deep within the pages of *MISCONCEPTIONS*, you'll find pieces of information that will blow away your family, friends, and dinner date. Become the resident expert on history (Did George Washington really have wooden teeth?), wildlife (No, toads don't really cause warts...), science (Are meteors actually on fire when they reach the Earth?), and more! With life-altering fun facts and hilarious explanations, this gift book will make learning enjoyable!

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Presents a chronology of the life of author Flannery O'Connor, comments and letters by the author about the story, and a series of ten critical essays by noted authors about her work.

A New York Times Book Review Notable Book of 2017 An electrifying first collection from one of the most exciting short story writers of our time "I can't recall the last time I laughed this hard at a book. Simultaneously, I'm shocked and scandalized. She's brilliant, this young woman."—David Sedaris Ottessa Moshfegh's debut novel *Eileen* was one of the literary events of 2015. Garlanded with critical acclaim, it was named a book of the year by *The Washington Post* and the *San Francisco Chronicle*, nominated for a National Book Critics Circle Award, short-listed for the Man Booker Prize, and won the PEN/Hemingway Award for debut fiction. But as many critics noted, Moshfegh is particularly held in awe for her short stories. *Homesick for Another World* is the rare case where an author's short story collection is if anything more anticipated than her novel. And for good reason. There's something eerily unsettling about Ottessa Moshfegh's stories, something almost dangerous, while also being delightful, and even laugh-out-loud funny. Her characters are all unsteady on their feet in one way or another; they all yearn for connection and betterment, though each in very different ways, but they are often tripped up by their own baser impulses and existential insecurities. *Homesick for Another World* is a master class in the varieties of self-deception across the gamut of individuals representing the human condition. But part of the unique quality of her voice, the echt Moshfeghian experience, is the way the grotesque and the outrageous are infused with tenderness and compassion. Moshfegh is our Flannery O'Connor, and *Homesick for Another World* is her *Everything That Rises Must Converge* or *A Good Man is Hard to Find*. The flesh is weak; the timber is crooked; people are cruel to each other, and stupid, and hurtful. But beauty comes from strange sources. And the dark energy surging through these stories is powerfully invigorating. We're in the hands of an author with a big mind, a big heart, blazing chops, and a political acuity that is needle-sharp. The needle hits the vein before we even feel the prick.

Now with full-color illustrations throughout, dozens of new review questions, and state-of-the-art coverage of this fast-changing area, *Pediatric Gastrointestinal and Liver Disease, 6th Edition*, remains the leading text in the field. You'll find definitive guidance on diagnosis and treatment from experienced editors Drs. Robert Wyllie, Jeffrey S. Hyams, and Marsha Kay, as well as globally renowned contributors who share their knowledge and expertise on complex issues. Features an enhanced art program with full-color anatomical figures, clinical photos, and other illustrations throughout the text. Includes a new chapter on fecal transplantation (FCT), covering donor and recipient screening, preparation, delivery, follow-up, and safety considerations, as well as investigative uses for FCT for disorders such as IBD, IBS, and D-lactic acidosis. Prepares you for certification and recertification with more than 400 board review-style questions,

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answers, and rationales – 30% new to this edition. Includes detailed diagrams that accurately illustrate complex concepts and provide at-a-glance recognition of disease processes. Contains numerous algorithms that provide quick and easy retrieval of diagnostic, screening, and treatment information. Provides up-to-date information on indigenous flora and the gut microbiome and clinical correlations to treatment, as well as advancements in liver transplantation including split liver transplantation (SLT) and living donor liver transplantation (LDLT). Details key procedures such as esophagogastroduodenoscopy and related techniques; colonoscopy and polypectomy; endoscopic retrograde cholangiopancreatography; capsule endoscopy and small bowel enteroscopy; gastrointestinal pathology; and more.

KILL A UNICORN OR DIE TRYINGThe gods are dead. The fae rule Gaia. Cain used to kill for the fae. The only human to become a member of the Oblivion Guard, he killed one time too many and had enough. Leaving it all behind wasn't as easy as turning in a resignation. But the fae had trained him well and soon it was they who bargained for him to leave Feary and live in exile in Gaia. Now a tracker for an assassination and bounty hunting agency, Cain doesn't kill anymore. When his mission to track a teenage girl goes horribly wrong, he and the girl end up on the run from powerful forces the likes of which he's never seen before. That's because the fae have been hiding a terrible secret. The gods aren't dead. In fact, they're very much alive and killing humans they deem too powerful to survive. The girl is in their crosshairs and now he is too. To make matters worse, Cain discovers he's dying from the curse of Cthulhu. The cure? Eating a living, beating unicorn heart. Cain thought unicorns were extinct, but a mystery party offers him salvation: a unicorn for the assassination of the leader of the Mages Guild. With the gods, the fae, and the rest of the supernatural world hunting the hunter, the odds don't look good. But Cain has survived too much to give up now. And the high and mighty are about to find out what real fear feels like.

"On the short drive to the preschool, I dutifully unwrap a NutriGrain bar and toss it into the back seat to my four-year-old. Sometimes I'll even unwrap one for myself. Studies have shown that it's very important for families to eat together. . . .

" Why couldn't the Sopranos survive living down South? Simple. You can't shoot a guy full of holes after eating chicken and pastry, spoon bread, okra, and tomatoes. What does a Southern woman consider grounds for divorce? When Daddy takes the kids out in public dressed in pajama tops and Tweety Bird swim socks. Again. What is the Southern woman's opinion of a new "fat virus" theory? Bring it on! We've got a lot of skinny friends we need to sneeze on. Want to become honest-to-Jesus white trash? Spend two weeks' salary on hair extensions and pancake makeup for your three-year-old so she can win a five-dollar trophy in the Wee Tiny Miss pageant and the adoration of, well, nobody much. What does the Southern woman think of Paul McCartney's marriage to a model thirty years younger? We're not surprised. Statistically speaking, it's

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almost impossible for billionaires to discover that their soulmates are fifty-five and restocking the shampoo end caps at Kmart. In this wickedly funny follow-up to her bestselling *Bless Your Heart, Tramp*, Celia Rivenbark welcomes you, once again, to the south she loves, the land of "Mama and them's," "precious and dahlin," and mommies who mow. Ya'll come back now, you hear.

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